



# Angusfield House

A beautiful care home in Aberdeen's  
exclusive West End

brighterkind





## Welcome to Angusfield House.

We're here to make life easier, more settled and altogether better.

brighterkind is our approach to care. It focuses on understanding what quality of life means for everyone here and then provides the right experiences to help our residents live their lives to the fullest. These experiences are built from our specialist approach to quality care, recreation and activities, and food and dining.

By taking the time to understand you, we will provide the informed care that turns a move to our home into a welcome change for the better.



## Our home

A real home has as much personality as the people who live there. That's why we've made Angusfield House a place you'd be proud and happy to live in – just as you would your own home.

Angusfield House Care Home, in Aberdeen's exclusive West End, is located close to the city's shops and Hazlehead Park. With 40 bedrooms offering nursing and dementia care, we think carefully about the type of room each resident needs.

Our bedrooms are set across two buildings – one a former boys' school and Ministry of Defence building. Each has its own dining room and communal lounge. There is also a quiet lounge between the two units available to all residents, meaning peace and tranquillity is never far away. All furnishings and decor throughout the home are of an exceptionally high standard. We also have a lovely rear garden with large patio space and potting shed for residents to enjoy.

We understand that moving into Angusfield House will be a considerable transition, but one we try to make feel as easy as possible. By helping you arrange your room just the way you like, or bringing you your daily newspaper, we'll do the little things that make the biggest difference.

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The majority of our residents will spend time in the public lounge areas, sitting in the reception or enjoying the fresh air outside.

## OUR FACILITIES

Majority of rooms are en-suite

Flat-screen TVs in lounge rooms

DVD players

Communal lounges and quiet lounge

Two dining rooms

Conservatory

Hairdressing and nail salon

Wi-Fi internet

Passenger lifts

Mature gardens with potting shed

Patio

Minibus



## Quality care

We want every day at Angusfield House to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Whether you require nursing or dementia care, our care is first rate; we provide the most up-to-date training for our carers, and support for our residents.

## How will I know what type of care is right for me?

When you arrive at Angusfield House, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

## Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, we have an aligned GP practice with fortnightly visit and daily access for emergency evaluation and care. There is an extremely positive relationship with the practice. There are also two hairdressers who pamper our residents on a regular basis and a podiatrist who offers excellent care at the home. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.

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I have a very positive relationship with relatives. There is an open door policy and regular formal reviews. For those living outside Aberdeen I keep in touch by phone or email.

Bob Fenwick, Home Manager



## Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have a dedicated Recreation and Activities Coordinator who oversees everything, but all our staff regularly brainstorm new ideas, too. And our residents and their relatives can make suggestions at our regular activity meetings, so we can be sure everyone's looking forward to something, every day.

Activities are person-centred, so rather than stick to a strict programme, we vary them every week: from music and movement, to therapy pets and skittles. And everything's flexible – if it's sunny we try and get outside, so everyone can appreciate the best of the day.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We have our own minibus which is used extensively to take residents out on trips. We're also visited by musicians and community groups on a regular basis.

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Our residents always look forward to live music and concerts - they're a real favourite here.





## Our food and drink

At Angusfield House, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

Both suites have their own dining room – these are calm and peaceful spaces which give even our more frail residents the chance to come together and socialise. All meals are prepared by our Chef at the home – from popular favourites like fish and chips and haggis, to birthday parties and Sunday roast, we encourage our residents to make the most of living in a friendly environment. There will be plenty of people to meet, and a lot of stories to share.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge) and our extras menu gives you the option to order snacks at any time of the day.

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Our snack box means there's always food available when residents feel peckish.

## Here are some of the most popular questions people ask us as we show them round Angusfield House:

### Will I be able to bring my pet?

There are currently no pets in the home. However, it might be possible for you to bring a pet. You can discuss this with the Home Manager. Relatives are welcome to bring pets along to visit you.

### Can I come and go as I please?

We want you to be as independent as you like. This is something we'll chat about when we sit down together to draw up your care plan.

### When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

### What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the recreation and activities part of this brochure.

### How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and small pieces of furniture to make it feel more like home.

Please note: The photographs inside this booklet are of homes offering brighterkind care, however, not all are from this home. This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Care Inspectorate.





To find out more or to arrange a visit please ask for our Home Manager.

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