



Houndswood House

Surrounded by parks
and woodland

brighterkind





WELCOME TO HOUNDWOOD HOUSE

We're here to make life easier, more settled and altogether better.

brighterkind is our approach to care. It focuses on understanding what quality of life means for everyone here, and then provides the right experiences to help them live their life to the fullest. These experiences are built from our specialist approach to quality care, recreation and activities, and food and dining.

By taking the time to understand you, we will provide the informed care that turns a move to our home into a welcome change for the better.





OUR HOME

Situated in a rural location, Houndswood House is based within easy reach of the town's shops, tearooms, restaurants and amenities and is minutes away from historic St Albans. This impressive, period home has a warm and welcoming feel – has been decorated with both sophisticated style and optimum comfort in mind. Houndswood House is comprised of the grand late Victorian main house and its younger sibling, added in the early 1930s. We offer respite, palliative and nursing care, and think carefully about the type of room each resident needs.

Surrounded by woodland and parkland, we have beautiful views of mature trees and green spaces.

OUR FACILITIES

- Residential, Respite, Palliative and Nursing care
- All single bedrooms
- Sanderson papers and Little Greene paints
- Dining room with family dining facilities
- Communal lounges including quiet lounge
- Garden bedrooms with patio doors
- Five-minute drive from shops, restaurants and the station
- Beautiful renovated period building in Queen Anne revival-style.
- Library
- Dining rooms
- Hairdressing salon
- Wi-Fi internet
- Delightful lounges overlooking the gardens
- Large gardens and ornamental pond
- Woodland setting away from busy roads





QUALITY CARE

We want every day at Houndswood House to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Whether you require nursing or palliative care, our care is first rate: we provide the most up-to-date training for our carers, and support for our residents.

HOW WILL I KNOW WHAT TYPE OF CARE IS RIGHT FOR ME?

When you arrive at Houndswood House, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.





For those in need of pampering, our beautician and hairdresser take appointments every week. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.



OUR PEOPLE

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, we have a GP who visits, so residents wishing to see the doctor can do so. We also have local dentists, opticians and chiropodists who provide services to residents at the home.





OUR LOVELY HOME

We have recently undergone a full refurbishment designed to significantly improve the living environment for our residents and their families. Completed in April 2018, our stylish, modernised care home includes a refreshed and stylish reception area, lounges, dining rooms and bedrooms. The home is decorated with a botanical theme and has a traditional feel without being old fashioned.

RELAX IN OUR LOUNGE OR LIBRARY

We have created a number of spaces to sit with friends and family, all with views out over our gardens. Places to enjoy a pre-dinner drink or to gather and watch the world go by in elegant surroundings.

Our Sir Edward Salisbury Lounge is named after the famous local botanist and enjoys botanical themed wall paper from the William Morris archive collection. This combined with warm plaid fabrics creates a warm, welcoming space perfect for reading, board games or just quiet contemplation.





BEAUTIFUL BEDROOMS

Our range of bedroom schemes offer an option for every taste. Each bedroom is furnished with a range of furniture and soft furnishings to help you feel at home. Our fabrics and papers are sourced from Sanderson to create a luxurious yet homely finish to every bedroom.



We've built excellent links with the community, allowing residents to continue their lives outside the home with ease.

Our local connections mean that residents enjoy visitors coming into our home too, including a recent visit from the Radlett Choral Society.

We often have local entertainers, musicians, magicians and dancers performing at the home too.



CREATING MAGIC MOMENTS

We have a Magic Moments Club, which provides a vast range of activities and fun things to do that are open to all of our residents.

Our Magic Moments Club Coordinators create an ever-changing programme, built on our residents' past experiences and interests.

Activities vary each week: from gardening and film club to exercise classes and pet therapy. And everything's flexible – if it's sunny we go for a walk so everyone can appreciate the best of the day.

MAGIC MOMENTS *Club*





OUR FOOD AND DRINK

At Houndswood House, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on making dining special, good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

We have a large dining room that is beautifully decorated and always becomes a hub of conversation and laughter. Our mealtimes give even our more frail residents a chance to come together and socialise. Whether it's a Sunday roast or birthday buffet, we encourage our residents to make the most of living in a friendly environment.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge) and our extras menu gives you the option to order snacks at any time of the day.





HERE ARE SOME OF THE MOST POPULAR QUESTIONS PEOPLE ASK US AS WE SHOW THEM ROUND HOUNDWOOD HOUSE:

Will I be able to bring my pet?

There are currently no pets in the home. However, it might be possible for you to bring a pet, but this would depend on the type of animal. You can discuss this with the Home Manager.

Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day.

What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and small pieces of furniture to make it feel more like home.

Please note: The photographs inside this booklet are of homes offering brighterkind care, however, not all are from this home. This document is available in large print, Braille and other languages if you require. Please contact us to request a copy. This Care Home is registered and regulated by the Care Quality Commission



To find out more or to arrange a visit please ask for our Home Manager.

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