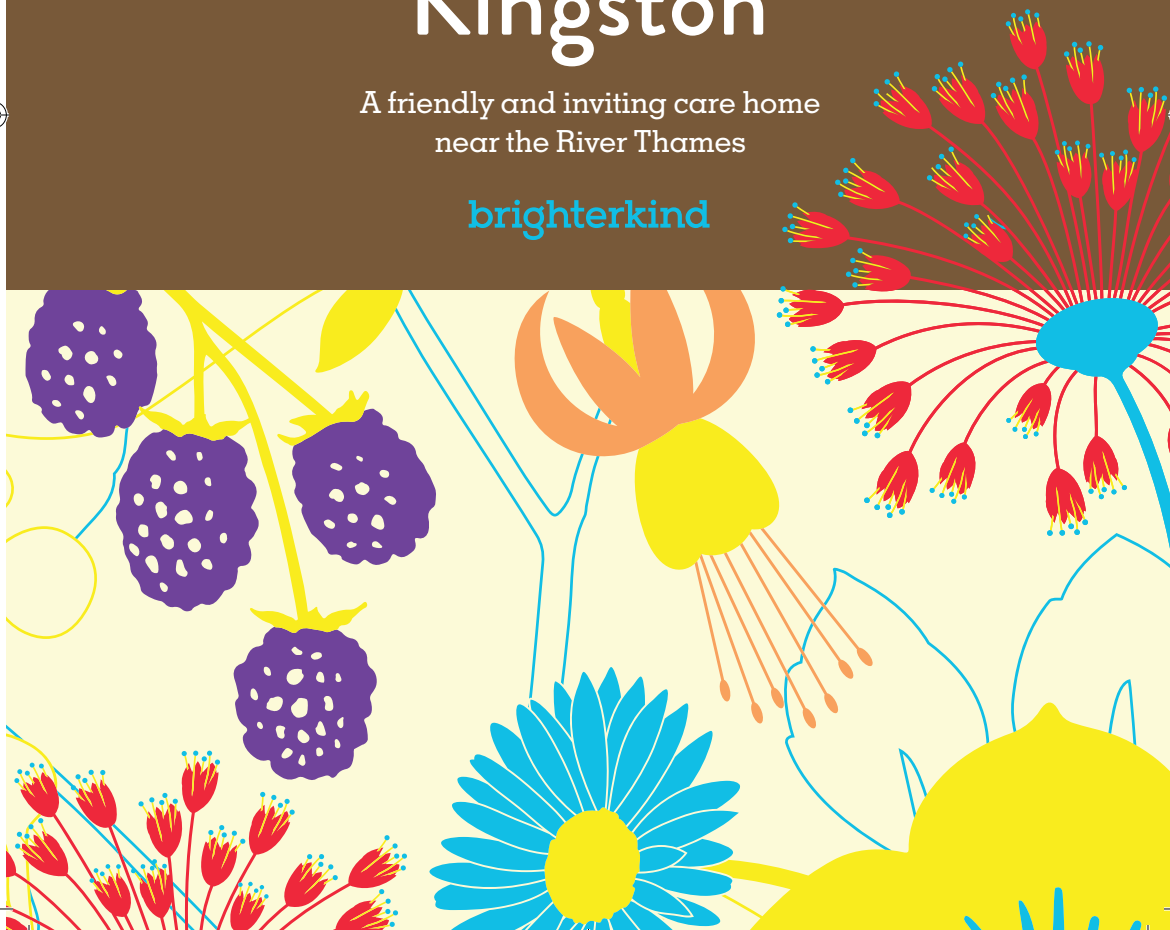




Kingston

A friendly and inviting care home
near the River Thames

brighterkind



Welcome

Welcome to
Kingston
Reception



Welcome to Kingston.

We're here to make life easier, more settled and altogether better.

brighterkind is our approach to care. It focuses on understanding what quality of life means for everyone here and then provides the right experiences to help our residents live their lives to the fullest. These experiences are built from our specialist approach to quality care, recreation and activities, and food and dining.

By taking the time to understand you, we will provide the informed care that turns a move to our home into a welcome change for the better.



Our home

A real home has as much personality as the people who live there. That's why we've made Kingston a place you'd be proud and happy to live in – just as you would your own home.

Kingston Care Home, in southwest London, is located close by to the area's amenities, including relaxing river walks, shops, and the historic market square. With 67 bedrooms offering residential and nursing care, we think carefully about the type of room each resident needs.

Our bedrooms are set across three floors, and each floor has its own dining room, lounge area and a smaller quiet lounge, meaning peace and tranquillity are never far away. We also have lovely garden and patio areas, including a lovely sensory garden.

We understand that moving into Kingston will be a considerable transition, but one we try to make feel as easy as possible. By helping you arrange your room just the way you like, or bringing you your daily newspaper, we'll do the little things that make the biggest difference.

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There are lovely views of the gardens which surround the building. We love to sit outside and watch the world go by.

OUR FACILITIES

All rooms are en-suite
(toilet/wash basin)

Flat-screen TVs in
lounge rooms

DVD players

Large bath and shower
rooms on each floor

Six communal lounges

Three dining rooms

Hairdressing and nail
salon

Wi-Fi internet

Large passenger lifts

Mature gardens



Quality care

We want every day at Kingston to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Whether you require residential or nursing care, our care is first rate: we provide the most up-to-date training for our carers, and support for our residents.

How will I know what type of care is right for me?

When you arrive at Kingston, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, GPs do house calls on request, and the local Impact team of Registered Nurses visit the home on a regular basis. We also have local dentists, opticians, hairdressers and other professionals who provide services to residents at the home. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.

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The team is approachable, kind and sympathetic. We all strive to deliver an extremely high standard of care.



Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have three dedicated Recreation and Activities Coordinators who oversee everything, but all our staff regularly get creative with new ideas, too. And our residents vote on their suggestions at our monthly activity meetings, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from art group and film club, to music and movement and theatre trips. And everything's flexible – if it's sunny we try and get outside, so everyone can appreciate the best of the day.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We have access to a minibus and have recently visited Richmond Park, Riverside, and Guildford Vinery. We often have local entertainers, musicians, comedians and school children performing at the home too.





Our food and drink

At Kingston, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

We have a dining room on each floor and meals are prepared by our Chef at the home. Our dining rooms always become hubs of conversation and laughter, and mealtimes give even our more frail residents a chance to come together and socialise. Whether it's Fish Friday or our annual barbeque and garden parties, we encourage our residents to make the most of living here. There's plenty of people to meet and stories to share.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge) and our extras menu gives you the option to order snacks at any time of the day.

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Sunday roasts and steak night are some of our residents' favourites – mealtimes are really sociable and chatty.

Here are some of the most popular questions people ask us as we show them round Kingston:

Will I be able to bring my pet?

There are currently no pets in the home. However, it might be possible for you to bring a pet, depending on the type of animal. You can discuss this with the Home Manager. Relatives are welcome to bring pets to visit, but we ask that any health treatments are kept up to date.

Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the recreation and activities part of this brochure.

How easy will it be to settle in?

We encourage you to come for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and furniture with you to make you feel more at home in your room.

Please note: This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Care Quality Commission.





To find out more or to arrange a visit please ask for our Home Manager.

Kingston Care Home
Jemmett Close, Coombe Road, Kingston upon Thames KT2 7AJ
Tel: 02085 470498
kingston@brighterkind.com
www.brighterkind.com/kingston