



La Haule

A beautiful home in a picturesque
Jersey setting

brighterkind





Welcome to La Haule.

We're here to make life easier,
more settled and altogether better.

brighterkind is our approach to care.
It focuses on understanding what
quality of life means for everyone here
and then provides the right experiences
to help our residents live their lives to
the fullest. These experiences are built
from our specialist approach to quality
care, recreation and activities, and food
and dining.

By taking the time to understand
you, we will provide the informed care
that turns a move to our home into a
welcome change for the better.



Our home

A real home has as much personality as the people that fill it. That's why we've made La Haule a place you'd be proud and happy to live in – just as you would your own home.

La Haule Care Home in St Brelade, Jersey is nestled on the edge of a picturesque village just a short drive from the sea front. There are hotels, shops and restaurants located nearby. Our 58 bedrooms, all offering dementia care, are spread out across three suites: Nightingale, Kingfisher and Kestrel.

Major refurbishment and redevelopment has just been completed at La Haule to create a beautiful safe environment which is in keeping with the needs and wellbeing of our residents.

The development work has created a lovely new dining room, where our residents can enjoy our restaurant quality food, looking out onto a sensory garden and patio area which can be enjoyed by all of our residents and families.

The development has also created 8 new bedrooms and all our bedrooms have been refurbished to a very high standard, most with en-suite wet rooms. Residents can freely access all of our communal areas, creating a really nice community feel for the whole home, one of the factors that has led to La Haule receiving one of the highest scores (9.1 out of 10) of all our brighterkind homes in our 2017 resident and relative satisfaction survey.

OUR FACILITIES

- Majority en-suite rooms
- Ongoing renovations
- Flat-screen TVs in lounge rooms
- DVD players
- Assisted bath and shower rooms
- Communal lounges
- New dining room
- Hairdressing and nail salon
- Wi-Fi internet
- Large passenger lift
- Secure garden and patio
- New sensory garden coming soon





Quality care

We want every day at La Haule to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Our dementia care is first rate; we provide the most up-to-date training for our carers, and support for our residents.

How will I know what type of care is right for me?

When you arrive at La Haule, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

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As well as our beautiful setting, it's the general care ethos, the friendliness of our staff and the inclusivity of life here that really set us apart.

Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers, GPs, district nurses and dentists visit the home when required. We also have a great relationship with the community mental health team who visit regularly for reviews. Our hairdresser pops in twice a week to pamper the residents too. And everyone gets stuck in together – whether to serve breakfast or help out with an activity.

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The team here has a calm, friendly approach. They're committed to their jobs and will often go above and beyond their usual duties to deliver an outstanding service.



Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. Our dedicated Recreation and Activities Coordinators oversee everything, but all our staff regularly brainstorm new ideas, too. Activities are chosen in collaboration with those residents who are able to make choices, and relatives are regularly consulted about their loved ones' interests too, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from Zumba and baking classes, to gardening and spa treatments. And everything's flexible – if it's sunny we try and get outside, so everyone can appreciate the best of the day.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We share a minibus with a nearby home and get out and about at least twice a week. We also have regular visits from Jersey heritage for reminiscence, Zumba instructors, PAT dogs from Greyhound Rescue Jersey and an arts in therapy group.

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We take regular trips to local tea rooms, St Saviour Parish Hall for musical memories, and Corbière Lighthouse for ice cream when the weather's fine.





Our food and drink

At La Haule, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

Our brand new dining room means we can all enjoy meals together, prepared by our Chef at the home. Mealtimes give even our more frail residents a chance to come together and socialise. Whether it's a Sunday roast or our popular curry night, we encourage our residents to make the most of living in a friendly environment. There will be plenty of people to meet, and a lot of stories to share.

Of course, when, where and who you eat with is entirely up to you. We encourage friends and family to join residents for lunch (at a small charge) and our extras menu gives you the option to order snacks at any time of day.

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There's a beautiful patio space outside the Kingfisher suite where we'll often eat meals in the sunshine.

Here are some of the most popular questions people ask us as we show them round La Haule:

Will I be able to bring my pet?

It might be possible for you to bring a pet, but this would depend on the type of animal. You can discuss this with the Home Manager.

Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary. We prefer to keep mealtimes protected unless your relative would like to dine with you.

What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and small pieces of furniture to make it feel more like home.

Please note: The photographs inside this booklet are of homes offering brighterkind care, however, not all are from this home. This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Public Health Department, Jersey.





To find out more or to arrange a visit please ask for our
Home Manager.

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