



# Silver Springs

A luxurious care home on the  
picturesque island of Jersey

brighterkind





## Welcome to Silver Springs.

We're here to make life easier,  
more settled and altogether better.

brighterkind is our approach to care.  
It focuses on understanding what  
quality of life means for everyone here,  
and then provides the right experiences  
to help them live their life to the fullest.  
These experiences are built from our  
specialist approach to quality care,  
recreation and activities, and food  
and dining.

By taking the time to understand  
you, we will provide the informed care  
that turns a move to our home into a  
welcome change for the better.





## Our home

A real home has as much personality as the people that fill it. That's why we've made Silver Springs a place you'd be proud and happy to live in – just as you would your own home.

Situated just five miles from St Helier, in the pretty parish of St Brelade, Silver Springs is surrounded by a number of parks, golf clubs and is a stone's throw from Jersey's stunning coastline. We have 93 bedrooms across three units which are all en-suite, as well as five luxury dual-registered suites, which have their own lounge area. Our rooms offer a mixture of residential, nursing and step-up/step-down care.

Our bedrooms are set across two buildings and three units. The main home comprises a 33-bed residential unit, 34-bed nursing unit and our five luxury suites, while our new unit has 26 bedrooms. The main house features large dining and sitting areas, a home library, a quiet lounge, a hairdressing salon and bar area. All furnishings and decor throughout the home are of an exceptionally high standard.

We also have a landscaped gardens with seating areas, fountain, raised beds and sensory area, perfect for relaxing and outdoor socialising.

We understand that moving into Silver Springs will be a considerable transition, but one we try to make feel as easy as possible. By planning the colour scheme of your room with you, or bringing you your daily newspaper, we'll do the little things that make the biggest difference.

## OUR FACILITIES

- All en-suite rooms
- Single and dual-registered rooms
- Flat-screen TVs
- DVD players
- Assisted bathrooms
- Assisted toilets
- Quiet lounges
- Dining room
- Hairdressing salon
- Wi-Fi internet
- Lifts
- Large landscaped grounds
- Sensory garden
- Outdoor seating

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Silver Springs is a very relaxed and professional home with an excellent record on the island.



## Quality care

We want every day at Silver Springs to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Our residential and nursing care is first rate: we provide the most up-to-date training for our carers, and support for our residents. Also, our step-up/step-down service provides the right level of flexible care and support for residents at the right time – whether they're admitted from home for short-term care, or admitted from hospital to facilitate a safer return home.

## How will I know what type of care is right for me?

When you arrive at Silver Springs, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.

Care plans are reviewed every month and when any changes to your needs occur.



## Our people

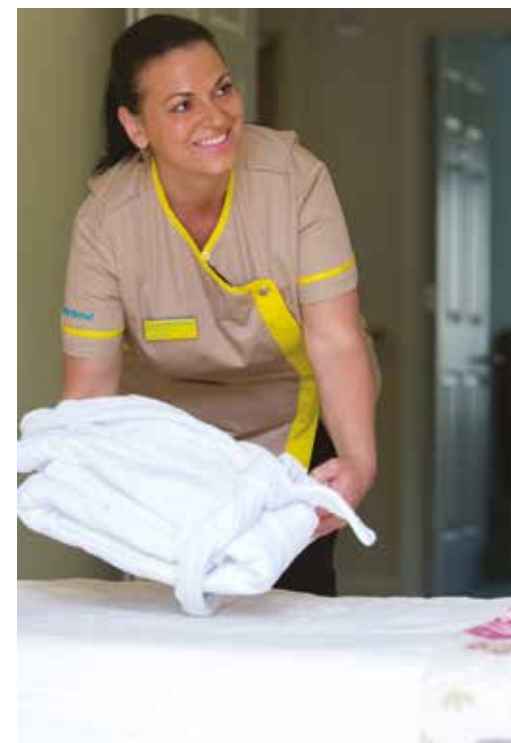
We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, we have a visiting physiotherapist, chiropodist and dentist. The residential unit also has support from district nurses and we have weekly reviews from CPN. For those looking for a little bit of pampering, our in-house hairdresser is available two days a week and a reflexologist visits every two weeks.

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The Silver Springs team are very caring and want to do the very best for the clients we look after. Most key positions are filled by staff who have been with us for many years, enjoying their job and the environment they work in.



## Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have a specific recreation and activities coordinator who oversees everything, but all our staff regularly brainstorm new ideas, too. And our residents vote on their suggestions at our monthly activity meetings, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from reflexology and art classes to baking and bingo. And everything's flexible. If it's sunny we try and get outside, so everyone can appreciate the best of the day.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We regularly take bus trips around the island, stopping off at places of interest for lunch or afternoon tea.

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Silver Springs has tried many seasonal activities – recently the residents went wheelchair ice skating.







## Our food and drink

At Silver Springs, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

Our dining room is always a hub of conversation and laughter, which gives even our more frail residents a chance to come together and socialise. Whether it's tea and cakes out on the patio or a roast each Sunday, we encourage our residents to make the most of living in a friendly environment. There will be plenty of people to meet, and a lot of stories to share.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge), and our extras menu gives you the option to order snacks at any time of the day.

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As Jersey is an Island the fresh seafood is always a good choice. Jersey royal potatoes and fresh local vegetables also always go down very well too.



## Here are some of the most popular questions people ask us as we show them round Silver Springs:

### Will I be able to bring my pet?

This completely depends on the type of animal. We may be able to accommodate smaller animals, so will have a chat with you about it first to see if it's possible. We currently have two budgies at the home.

### Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

### When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

### What will there be to do during the day?

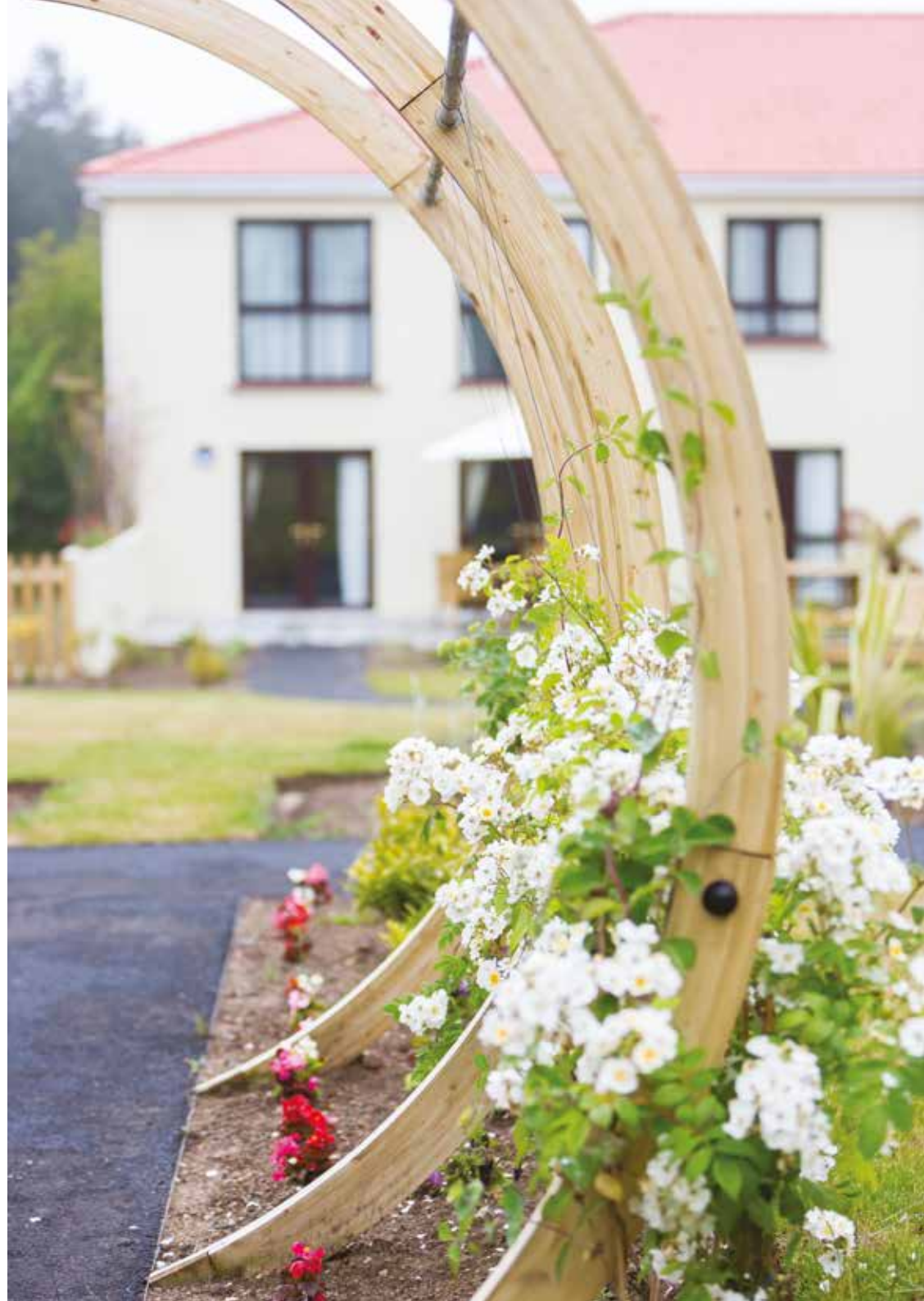
That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

### How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. All new residents are welcomed by a member of the team and you'll also receive a welcome pack, a card and gift in your room to help you get settled.

Please note: This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Registration and Inspection Department, Public Health Department.







To find out more or to arrange a visit please ask for our Home Manager.

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