



# Westbury Court

A modern and spacious care home  
in picturesque Wiltshire

brighterkind





## Welcome to Westbury Court.

We're here to make life easier,  
more settled and altogether better.

brighterkind is our approach to care.  
It focuses on understanding what  
quality of life means for everyone here,  
and then provides the right experiences  
to help them live their life to the fullest.  
These experiences are built from our  
specialist approach to quality care,  
recreation and activities, and food  
and dining.

By taking the time to understand  
you, we will provide the informed care  
that turns a move to our home into a  
welcome change for the better.







## Our home

A real home has as much personality as the people that fill it. That's why we've made Westbury Court a place you'd be proud and happy to live in – just as you would your own home.

Surrounded by Wiltshire countryside, and with great access to local amenities, Westbury Court is a bright and airy residence with excellent connections to neighbouring towns and cities. With 60 bedrooms divided between our residential, nursing and dementia care units, we think carefully about the type of room each resident needs.

Our bedrooms are set across three floors, and each floor has its own living rooms and a dining room, meaning peace and quiet is never far away. All furnishings and decor throughout the home are of an exceptionally high standard. We also have a beautiful landscaped garden where we regularly play bowls and pétanque and a patio where we host barbeques in the Summer.

We understand that moving into Westbury Court will be a considerable transition, but one we try to make feel as easy as possible. By helping you arrange your room just the way you like, or bringing you your daily newspaper, we'll do the little things that make the biggest difference.

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Westbury Court is a friendly home where we always strive to ensure that every day matters for everyone.

## OUR FACILITIES

All en-suite shower rooms

All single rooms

Flat-screen TVs in living rooms

Assisted bathrooms and shower rooms

Five lounges

Dining room per floor

Spacious corridors

Hairdressing salon

Wi-Fi internet

Lifts

Landscaped gardens

Patio



## Quality care

We want every day at Westbury Court to be as good as it can be. It's why we deliver brighterkind care, based around a complete understanding of each resident's needs. This means we'll create the right environment to keep you well and happy. You'll decide how you want to live; we'll make sure you always feel valued and comfortable.

Of our three floors, one is dedicated specifically for those living with dementia. Every member of staff undergoes a bespoke dementia training course to ensure that they understand the various forms of dementia and how it can affect each individual. This training is also open to relatives and friends who may wish to learn more about it.

## How will I know what type of care is right for me?

When you arrive at Westbury Court, we'll sit down together to understand you, your life story and your needs. This includes any objectives you have, or specific health concerns. We'll then create a personal care plan together with you, your relatives and our carers.



## Our people

We're a diverse group, from different backgrounds and with different roles, but we all have something fundamental in common – every single one of us is passionate about care.

It's almost like a sixth sense: people who are always on hand to help, but with enough empathy to know when to leave you be; people who don't have favourites, and who are always busy creating the little moments of kindness that make a real difference to life here.

As well as our team of carers and nurses, GPs and district nurses visit the home regularly and are on call to provide services, should they be needed at any time. We have two hairdressers visiting the home weekly and a chiropodist visiting regularly. And everyone gets stuck in together – whether to serve breakfast or perform at our music nights.

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The staff here get lots of opportunities to improve their skills and do a job they enjoy and that they know makes a difference to our residents' lives.



## Our recreation and activities

A willingness to get involved and try new things is something we see time and again, once people are given the opportunity. We have a specific recreation and activities coordinator who oversees everything, but all our team regularly come up with new ideas, too. And our residents vote on their suggestions at our monthly meetings, so we can be sure everyone's looking forward to something, every day.

Activities vary each week: from musical sing-alongs and PAT dog visits to crafts and gardening. And everything's flexible. If it's sunny we try and get outside, so everyone can appreciate the best of the day.

Technology has opened up the world for us here; keeping our residents connected and stimulated. We have Wi-Fi throughout the home and a tablet for residents to use. We also have a Wii games console for those who fancy having a go. Our activities coordinators make sure everyone gets exactly what they want from the facilities – and it's something we plan on using more and more.

We also have one-to-one activities for residents with dementia, engaging them with life story books and memory boxes as well as pastimes, music and films which they remember as a link to their past.

We've built excellent links to the community, allowing residents to continue their lives outside the home with ease. We regularly take trips to local shops, cafes and pubs.

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We love the cake sales here, which we put on in aid of various charities and our Christmas Fayre is always well supported.







## Our food and drink

At Westbury Court, we love our food. We firmly believe that when you eat well, you live well too. This is a core part of our brighterkind philosophy of care, centring on good nutrition and the importance of mealtimes as a social occasion.

Each day our chef prepares restaurant-style meals combining variety with a balanced diet and an emphasis on locally sourced ingredients. And we can cater to any dietary or health requirements, however complex.

There is a dining room on each floor which creates a more domestic feel for residents. These spaces always become a hub of conversation and laughter, and give even our more frail residents a chance to come together and socialise. Whether it's tea and cakes in the garden or our popular stir fries and Sunday roasts, we encourage our residents to make the most of living in a friendly environment. There will be plenty of people to meet, and a lot of stories to share.

Of course, when, where and who you eat with is entirely up to you. Friends and family can join you as often as you'd like (at a small charge), and our extras menu gives you the option to order snacks at any time of the day.

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The atmosphere at meal times is relaxed with pleasant background music. We are not a hotel, just a large family sitting down for dinner.

## Here are some of the most popular questions people ask us as we show them round Westbury Court:

### Will I be able to bring my pet?

This completely depends on the type of animal. We may be able to accommodate smaller animals, so will have a chat with you about it first to see if it's possible. We currently have a budgie in the home.

### Can I come and go as I please?

We want you to be as independent as you like. So this is something we'll chat about when we sit down together to draw up your care plan.

### When can people come and see me?

It goes without saying that we want your friends and relatives to visit, so they can come as often as they like on any day. No appointment is necessary.

### What will there be to do during the day?

That is completely up to you. Every day we have different activities, but you should spend your time exactly how you please. There's more about the type of things we do in the Recreation and Activities part of this brochure.

### How easy will it be to settle in?

It's completely natural to feel anxious about a big move. We encourage you to come along for a pre-stay visit so you can take part in an activity, meet other residents and have a meal. If you move in you can bring personal items and furniture with you to make you feel more at home in your room.

Please note: This document is available in large print, Braille and other languages if you require. Please contact us to request a copy.

This Care Home is registered and regulated by the Care Quality Commission.







To find out more or to arrange a visit please ask for our  
Home Manager.

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